



RETHINKING SCHIZOPHRENIA

Phase III: Country Profiles

Rethinking Schizophrenia in Denmark:

A Comprehensive, High-Quality Approach to the Treatment of Schizophrenia in Adolescents and Young Adults

Practical Details

Date: 8 December 2025, 16:00 - 17:30 CET

Location: Virtual Webinar

Registration: Click here to register.

Schizophrenia remains a major public health challenge, with significant personal, social and economic consequences. Traditional approaches to schizophrenia focus primarily on mental health interventions, yet emerging evidence underscores the need for a brain health perspective - one that acknowledges the interplay between biological, psychological and social determinants. The webinar A comprehensive, high-quality approach to the treatment of schizophrenia in adolescents and young adults, building on the second and third phase of the Rethinking Schizophrenia Project, will explore how early intervention, innovative treatments and social policy reforms can reshape schizophrenia care across Europe. The webinar, set to take place online on 8 December 2025 (16:00-17:30 CET) will be co-organised by the European Brain Council and the Danish Brain Council.

The aim of the webinar is to discuss and present country-specific findings, illustrating barriers and best practices in implementing comprehensive care pathways in Denmark. Experts will discuss youth-focused key policy recommendations, including early detection programs, access to innovative pharmacological and psychosocial treatments, integrated care models, and digital health solutions. The webinar will highlight the importance of addressing the need for a comprehensive, high-quality approach to the treatment of schizophrenia in adolescents and young adults.

Participants will include leading psychiatrists and other key mental health professionals, policymakers in the field of public health and social affairs, education and patient representatives, fostering a multidisciplinary dialogue on bridging research, clinical practice and policy. The discussion will focus on implementing a brain health framework that prioritises prevention, personalised care and long-term rehabilitation.

By adopting a biopsychosocial approach and integrating brain health into national policies, we can shift the paradigm in schizophrenia care - ensuring earlier interventions, better treatment outcomes and enhanced quality of life for young patients across Europe.

Webinar Agenda

Rethinking Schizophrenia in Denmark: Schizophrenia and Brain Health

A Comprehensive, High-Quality Approach to the Treatment of Schizophrenia in Adolescents and Young Adults

Date: Monday 8 December 2025 Time: 16:00 – 17:30 CET Format: Online

Welcome & Introduction	16:00 – 16:05
 Suzanne Dickson, President, European Brain Council (EBC) (confirmed) Morten Lorenzen, Vice Chair, Danish Brain Council (confirmed) 	
 Video Message from MEP – EU Presidency Representative (TBD) And/Or Address from Policymaker (TBD) Dr Jennifer Hall, Technical Officer - Mental health, WHO Athens Quality of Care Office & WHO EURO Mental Health Flagship (confirmed) 	16:05-16:20
Keynote #1: The Rethinking Schizophrenia Project	16:20 – 16:25
Pavel Mohr, National Institute of Mental Health, Prague, Czech Republic (confirmed)	
Keynote #2: Schizophrenia Care Pathways in Denmark Merete Nordentoft, Department of Clinical Medicine, University of Copenhagen, Copenhagen, Denmark (confirmed)	16:25 – 16:35
Panel Discussion moderated by Merete Nordentoft	16:35 – 17:15
Panel Discussion moderated by Merete Nordentoft - Vicky Sebald, the OPUS Panel (confirmed) - Anne Katrine Pagsberg (Professor in child and adolescent psychiatry (confirmed) - Jane Alrø Sørensen from Better Psychiatry (confirmed) - Agnethe Vale Nielsen from Danish Health Agency (TBD) - Ditte Lammers Vernal (Psychologist and associate Professor) (confirmed) - Minister of Health Sophie Løhde (TBD)	16:35 – 17:15
 Vicky Sebald, the OPUS Panel (confirmed) Anne Katrine Pagsberg (Professor in child and adolescent psychiatry (confirmed) Jane Alrø Sørensen from Better Psychiatry (confirmed) Agnethe Vale Nielsen from Danish Health Agency (TBD) Ditte Lammers Vernal (Psychologist and associate Professor) (confirmed) 	16:35 – 17:15 17:15 – 17:25
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