



**Series of events on Mental Health of Children and Adolescents  
Athens, Greece**

**3-4 November 2022**

**Hybrid in-person/ virtual meeting**

**[2<sup>nd</sup> November 2022]  
Original: English**

**Programme**

<b>Thursday 3<sup>rd</sup> November 2022</b>	
09.00-09.30	<b>Zoom link opens:</b> <a href="https://us02web.zoom.us/j/81533560411?tk=sSCc1g53U7DXyJCgORZzYjd6dQa0EBlnDAoilJzgur8.DQMMAAAAS-8dmWxzfyV94blZZaVN1MllfLWZtYUJWbE5RAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA&amp;pwd=YXJkZHFNWUprMzllRkUrZktSb2hsZz09">https://us02web.zoom.us/j/81533560411?tk=sSCc1g53U7DXyJCgORZzYjd6dQa0EBlnDAoilJzgur8.DQMMAAAAS-8dmWxzfyV94blZZaVN1MllfLWZtYUJWbE5RAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA&amp;pwd=YXJkZHFNWUprMzllRkUrZktSb2hsZz09</a>
09:30-10:30	<b>Session 1: Welcome and introduction</b> <i>Moderator: Ledia Lazeri</i> <ul style="list-style-type: none"> <li>- <b>Mental Health Flagship and Pan-European Mental Health Coalition</b> <i>Ledia Lazeri, Regional Adviser, Mental Health Flagship, WHO Regional Office for Europe</i></li> <li>- <b>Overview of Athens Quality of Care Office and Programme on Quality of Care for Children and Adolescents</b> <i>João Breda, Head, WHO Athens Quality of Care and Patient Safety Office</i></li> <li>- <b>Setting the scene</b> <i>Cassie Redlich, Technical Officer, WHO Regional office for Europe</i></li> <li>- <b>Objectives and overview of the programme, round of introductions</b> <i>Pavlos Theodorakis, Senior Advisor, Health Policy, WHO Regional office for Europe</i></li> </ul>
10:30-11.00	<b>Session 2 A: Towards solutions for Child and Adolescent Mental Health across Europe – (accessible on Zoom)</b> <i>Moderator: Martin Weber, WHO Regional Office for Europe and Eileen Scott, NHS Scotland, UK</i> <ul style="list-style-type: none"> <li>- <b>Setting the stage for data collection</b> <i>Eileen Scott, NHS Scotland, UK and Martin Weber, WHO Regional Office for Europe;</i></li> <li>- <b>Sharing data Collection initiatives:</b> <ul style="list-style-type: none"> <li>o <b>Health Behaviour in School Age Children (HBSC)</b> <i>Curt Hagquist, University of Gothenburg, Sweden</i></li> <li>o <b>Global Adolescent Measuring Alliance</b> <i>Andrew Marsh, Consultant, WHO Headquarters (online)</i></li> </ul> </li> </ul>
	<b>Session 2 B Quality of Mental health care for children, adolescents and young people in - Computer Room 1: for young participants (not accessible via Zoom)</b> <i>Moderators: Tatiana Salisbury, Kings College London, UK; Euro Youth Mental Health Representatives; Cassie Redlich and Jennifer Hall, WHO European Region</i> <ul style="list-style-type: none"> <li>- <b>Interactive workshop</b> to explore components of Quality of Care relevant to child and adolescent mental health with young people</li> </ul>

11.00–11:30	<b>Coffee Break</b>
11:30–13.00	<p><b>Session 2 A (cont): Towards solutions for Child and Adolescent Mental Health across Europe - (accessible on Zoom)</b>  <i>Moderator: Eileen Scott, NHS Scotland, UK and Martin Weber, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Sharing data Collection initiatives</b> cont. <ul style="list-style-type: none"> <li>o <b>Discussion</b></li> </ul> </li> <li>- <b>Sharing initiatives to optimize wellbeing children, adolescents and young people:</b> <ul style="list-style-type: none"> <li>o <b>Sharing is caring- mental health seminars for students</b>  <i>Liene Sīle, Riga Centre of Psychiatry and Addiction disorders, Latvia</i></li> <li>o <b>Adolescent friendly services</b>  <i>Marina Melkumova, Arabkir Medical Centre, Institute of Child and Adolescent Health, Armenia</i></li> <li>o <b>Community based psychosocial support for youth – the potential for social prescribing</b>  <i>Jennifer Lau, Youth Resilience Unit at Queen Mary University London</i></li> <li>o <b>Discussion</b></li> </ul> </li> </ul>
	<p><b>Session 2 B (cont.): Parallel Block Quality of Mental health care for children, adolescent and young people (not accessible via Zoom)</b>  <i>Moderators: Tatiana Salisbury, Kings College London, UK; Euro Youth Mental Health Representatives; Cassie Redlich and Jennifer Hall, WHO European Region</i></p> <ul style="list-style-type: none"> <li>- <b>Interactive workshop</b> to explore components of Quality of Care relevant to child and adolescent mental health with young people</li> </ul>
13.00-14.15	<b>Lunch</b>
14:15–16.30	<p><b>Session 3: Innovations to improve quality of Child and Adolescent Mental health services</b>  <i>Moderators: Cassie Redlich, Jennifer Hall and Anastasia Giannaki, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Workshop feedback: What does Quality of Care for child and adolescent mental health services look like for young people?</b>  <i>Tatiana Salisbury, Kings College London</i></li> <li>- <b>Sharing initiatives for youth engagement and participation:</b> <ul style="list-style-type: none"> <li>o <i>Eef Jutten &amp; Dion Ras, Volunteer peer workers, @Ease Netherlands</i></li> <li>o <i>Fatima Awil, Policy and Knowledge Officer, Mental Health Europe</i></li> </ul> </li> <li>- <b>Small group work</b></li> <li>- <b>Next steps</b>  <i>Ledia Lazeri, Cassie Redlich</i></li> <li>- <b>Experiences from the field: the case of Israel</b> <ul style="list-style-type: none"> <li>o <i>Ella Giladi and Dan Ya'akov, ENOSH</i></li> <li>o <i>Tali Waksman, Director of Kirya ono social center, Liron David, Policy &amp; International Relations Chief Officer, Shirit Pearl-Levy, Director of community outreach and social services and Enosh Social Center Participants Shachar Regev and Shalom Zizo (online)</i></li> </ul> </li> </ul>
16.30	<b>Meeting ends</b>

Friday 4 <sup>th</sup> November 2022	
09.00 – 09.30	<p><b>Access to live stream via link:</b></p> <p>English language: <a href="https://youtu.be/FSWOxIKvVx0">https://youtu.be/FSWOxIKvVx0</a>  Greek language: <a href="https://youtu.be/VSquf0aPszM">https://youtu.be/VSquf0aPszM</a>  Russian language: <a href="https://youtu.be/mHpPrwoBj70">https://youtu.be/mHpPrwoBj70</a></p>
09.30 – 09.40	<p><b>Opening session: Introduction and welcome to the meeting</b>  <i>Natasha Azzopardi Muscat, WHO Regional Office for Europe</i></p>
09.40- 10.15	<p><b>Session 1: High level interventions</b>  <i>Moderators: Natasha Azzopardi Muscat, Joao Breda, Pavlos Theodorakis, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Hans P. Henri Kluge</b>, Regional Director, WHO Regional Office for Europe</li> <li>- <b>Zoe Rapti</b>, Deputy Minister of Health, Government of the Hellenic Republic</li> <li>- <b>Mina Gaga</b>, Alternate Minister of Health, Government of the Hellenic Republic</li> <li>- <b>Adonis Georgiadis</b>, Minister of Development and Investments, Government of the Hellenic Republic</li> <li>- <b>Niki Kerameus</b>, Minister of Education and Religious Affairs, Government of the Hellenic Republic</li> <li>- <b>Katerina Gkagkaki</b>, Vice-Mayor for Openness and Civic Society of the City of Athens</li> <li>- <b>George Kalamitsis</b>, Secretary of the Greek Patient's Association, President of the Hellenic Liver Patients Association "Prometheus" and President of the Committee for the Control and Protection of the Rights of Health Care Recipients</li> <li>- <b>Philip Dodd</b>, Department of Health and HSE National Office for Suicide Prevention, Ireland</li> </ul>
10.15-11.00	<p><b>Session 2: Spotlight on child and adolescent mental health in Europe</b>  <i>Moderators: Joao Breda and Ledia Lazeri, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Overview of child and adolescent mental health in Europe</b>  <i>Jennifer Hall, WHO Quality of Care Office, WHO Regional Office for Europe</i></li> <li>- <b>Country work across the European Region</b>  <i>Gabriele Fontana, UNICEF</i></li> <li>- <b>Panel discussion:</b> <ul style="list-style-type: none"> <li>- <i>Ronit Azoulia, ENOSH</i></li> <li>- <i>Anna Bailie, University of York, UK</i></li> <li>- <i>Konstantinos Koulouris, Social Cooperative of Corfu, "New Horizons"</i></li> <li>- <i>Catalina Popoviciu, University of Bucharest</i></li> </ul> </li> </ul>
11:00-11.30	<b>Coffee break</b>
11.30-12.30	<p><b>Session 3: Towards the development of a National Mental Health Action Plan for Greece in the post-COVID era</b>  <i>Moderators: Natasha Azzopardi Muscat, Ivo Rakovac and Pavlos Theodorakis, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Presentation</b>  <i>Zoe Rapti Deputy Minister for Mental Health, Hellenic Republic</i></li> <li>- <b>Interventions from 5 members of the National Mental Health Reform Committee (NMHRC)</b>  <i>Athanasios Douzenis - Forensic Mental Health Services</i>  <i>Konstantinos Fountoulakis – Mental health services in emergencies</i>  <i>Vasiliki Mougia – Completion: Last meters in the deinstitutionalization marathon</i>  <i>Paraskevi Sakka – Mental Health of the Elderly people</i>  <i>Aspasia Serntari - Children and Adolescents mental health</i></li> <li>- <b>Reflections</b></li> </ul>

	<i>Eileen Scott, NHS Scotland, UK</i>
12.30-13.20	<p><b>Session 4: Workshops and events</b>  <i>Moderators: Cassie Redlich and Pavlos Theodorakis, WHO Regional Office for Europe, Domna Kavakidou, POSOPSI &amp; 2 young people from workshop</i></p> <ul style="list-style-type: none"> <li>- <b>“Be yourself – Beyond”: Workshops for the Adolescents Mental Health and Well-being</b>  <i>Young people from the workshop</i></li> <li>- <b>Introduction to Agora and Evexia events showcasing Mental Health Initiatives across Greece</b>  <i>Sotirios Koupidis, President, Pan-Hellenic Federation of Social Cooperatives of Limited Liability (POKoiSPE)</i>  <i>Aikaterini Nomidou, President, Pan-Hellenic Federation of Mental Health Associations (POSOPSI)</i>  <i>Menelaos Theodoroulakis, President, Federation of Social Rehabilitation and Mental Health Organizations, “ARGO”</i></li> </ul>
13.20-13.30	<p><b>Closing session</b>  <i>Moderators: Natasha Azzopardi Muscat, Joao Breda and Ledia Lazeri, WHO Regional Office for Europe</i></p> <ul style="list-style-type: none"> <li>- <b>Final close</b>  <i>Zoe Rapti, Deputy Minister of Health, Government of the Hellenic Republic</i></li> </ul>
13.30-18.30	<b>Online meeting break</b>
18.30-20.45	<p><b>Concert –</b>  <b>Online link:</b> <a href="https://maits.gr/player/theo/dstream.html">https://maits.gr/player/theo/dstream.html</a></p> <p><i>Facilitators: Eleftheria Gini and Nefeli Romanou</i></p> <ul style="list-style-type: none"> <li>- <b>Opening address</b>  <i>Hans P. Henri Kluge, Regional Director, WHO Regional Office for Europe (video)</i>  <i>With the participation of gold Olympic champion Nikolas Kaklamanakis, gold Olympic Champion Ioannis Melissanidis, and Paralympic Champion Dimitris Karypidis</i></li> <li>- <b>Welcome words</b>  <i>Natasha Azzopardi Muscat, Joao Breda and Ledia Lazeri, WHO Regional Office for Europe</i></li> <li>- <b>Music</b> <ul style="list-style-type: none"> <li>o 18.45-20.15: Live music, “Monsieur Minimal with Andriana Babali”</li> <li>o 20.15-20.45: DJ Set, “DJ Spector Pepper Radio”</li> </ul> </li> </ul>