



EUROPEAN BRAIN COUNCIL

NEWSLETTER - February 2019

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EBC Activities



Mood & Food:
Exploring the gut-brain connection
Brain Awareness Week - October 2018 - March 2019
6 March 2019, 18:00 - 20:00
European Parliament (Atrium 9C Brussels), Brussels

EBC's 2019 Brain Awareness Week event – 6th March 2019

On the occasion of Brain Awareness Week 2019, EBC will hold the reception “Mood and Food: Exploring the gut-brain connection”. This year's event, organized in cooperation with the European Dana Alliance for the Brain (EDAB) and the Federation of European Neuroscience Societies (FENS), will revolve around the connection between mood and food, exploring the relationship between what you eat and how it can affect your mood and daily function. MEPs Marian Harkin (ALDE, IE) and José Inácio Faria (EPP, PT) will host the event.

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2019 EBC General Assembly

EBC held its General assembly, which gathered patient groups, scientific societies, industries and national brain councils, on 7th February 2019. On this occasion, all members exchanged views on EBC's projects, amongst which **EBRA**, and advocacy priorities in the domains of digital health, EU research funding and therapeutic innovation. What is more, representatives from the Deutsche Forschungsgemeinschaft, the Swedish Brain Foundation, the Wellcome Trust and the Max Planck Society were introduced to the ongoing initiatives and outreach activities of EBC.

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EBC hosts reception on gender equity

The networking reception, organized by EBC, entitled "Women in Science and Society" was held in Brussels on 6th February 2019. Peggy Maguire, European Institute of Women's Health, and Antonella Santucci, Women's Brain Project, shared their views on gender equity in research. Dr. Santucci highlighted that "Certain diseases, whether we like it or not, affect women more than men. For example, Alzheimer's patients are 70% women yet there is a lack of women reflected in the research."

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Towards a Global Alliance on Epilepsy Research

EBC took part in the recent meeting hosted by the MEP European Advocates for Epilepsy group in the European Parliament in Strasbourg. The event, held on 12th February 2019, enabled various MEPs as well as representatives of research communities and epilepsy patients to share their perspectives on unmet needs in the field of epilepsy and voice their support for people affected by this condition. On this occasion, EBC Executive Director Frédéric Destrebecq outlined how the **EBRA-project** aims to address problems connected to duplication and fragmentation in brain research.

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EBC Constituency



EFNA launches #BrainLifeGoals awareness campaign

Sharing #LifeGoals has become a popular social media trend. This campaign will put a new spin on the #LifeGoals trend by seeing people instead sharing #BrainLifeGoals. During Brain Awareness Week (March 11th-19th) patient advocates and supporters are encouraged to participate in the campaign by sharing their wishes alongside the #BrainLifeGoals hashtag, raising public understanding of neurological conditions and their impact. Visit the web page for more information, resources and suggested posts.

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FENS Regional Meeting 2019 - Register and submit your abstract by 1st April

On behalf of the Serbian Neuroscience Society, the National Neuroscience Society of Romania and the Neuroscience Society of Turkey, FENS invites you to the 6th Regional Meeting 2019 in Belgrade, Serbia, on 10th-13th July. Three societies are coming together for the first time with the aim of boosting the development of neuroscience in the entire region by organising a meeting with an exciting programme reflecting the latest discoveries and technological developments.

Be part of the FRM2019, focusing on recent advances in neuroscience, and take advantage of the Early Bird Registration discounted fees until 1st April 2019. And don't miss your chance to influence the programme by submitting an abstract for Poster Presentation. The best abstracts will be selected for a short oral presentation (3 min) in a BLITZ SESSION.

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10th IBRO World Congress

Early-bird registration and abstract submissions are open for the 10th IBRO World Congress (Daegu, South Korea, 21st-25th September 2019) until 14th April. Other Congress applications with varying deadlines are also open for FAONS, FENS and SfN travel grants; satellite meetings; and exhibitors & sponsorships.

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European Research Network (ERN) – EURO – Neuro Muscular Diseases (NMS) and EAN

On February 7th, 2019, the EAN signed a Memorandum of Understanding (MoU) with the ERN - EURO - NMS mentioned above. This MoU will enhance and extend cooperation of the EAN Task Force on Rare Neurological Diseases and respective Scientific Panels with this important European research network. It will also allow a better and closer cooperation with the European Commission Public Health Directorate in promoting prevention of rare neurological diseases (RND). Our thanks go to Dr. Evangelista, coordinator of the ERN-EURO - NMS, Prof. Federico, chair of the EAN Task Force on Rare Diseases and the members of the EAN Scientific Panel on Muscle and NMJ Disorders for their input and help making the MoU possible.

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Prof. Helen Killaspy wins EPA Constance Pascal - Helen Boyle Prize

Prof. Helen Killaspy was selected by the members of the jury as the winner of the “EPA Constance Pascal – Helen Boyle Prize of €10 000 for Outstanding Achievement by a Woman in Working to Improve Mental Health Care in Europe” for 2019! Helen Killaspy is Professor and Honorary Consultant in Rehabilitation Psychiatry at University College London and Camden and Islington NHS Foundation Trust in the UK. She leads national and international programmes of research that focus on the assessment of quality of care for people with complex mental health problems and the evaluation of complex interventions for this group. Prof. Killaspy will be awarded during the Opening Ceremony of the 27th European Congress of Psychiatry, on 6th April 2019 in Warsaw, Poland.

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EUFAMI Schizophrenia Carer Playbook

February 2019 marks the launch of the Schizophrenia Carer Playbook that was developed by EUFAMI. This exciting resource provides guidance and advice to carers of those living with schizophrenia and offers tips and tricks covering a variety of topics, informed by the experiences of patients, carers and healthcare professionals. A wide range of issues and topics are covered through patient and carer stories.

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GAMIAN-Europe AGM and Bucharest Convention

On 29th-31st March 2019 GAMIAN-Europe will hold its AGM and Convention in Bucharest, Romania. The Convention will focus on the issues of depression and comorbidity, depression within specific environments and empowerment as a human right. The Convention provides an opportunity for patient groups and others interested in depression and comorbidity to share best practice on how to manage their symptoms. The programme and the list of speakers can be accessed below.

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32nd ECNP Congress – abstract submission

Submit your abstract(s) on or before 1st April if you would like to present your data at Europe's largest meeting for applied and translational neuroscience. The 32nd ECNP Congress takes place 7th-10th September 2019, in Copenhagen, Denmark. Abstracts are welcomed from researchers across the neurosciences and clinical domains, from any country, working on the science and treatment of disorders of the brain. Early Career Scientists are especially encouraged to submit.

Visit <https://2019.ecnp.eu> for more information on the congress.

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For your Agenda

6 March 2019 - [EBC BAW 2019 event: "Mood and Food: Exploring the gut-brain connection"](#), Brussels

6 March 2019 - [Brain Research & Tech: How can Horizon Europe improve human brain health and performance?](#), Brussels

6 March 2019 - [Brain Mind and Pain Interest Group meeting: Fighting Discrimination at Work](#), Brussels

7 - 8 March 2019 - [EFNA Advocacy Workshop - Linking Global, European and National Policy Priorities](#), Brussels

10 - 11 March 2019 - [ECNP New Frontiers in Digital Health Meeting](#), Nice

6 - 9 April 2019 - [27th European Congress of Psychiatry](#), Warsaw

9 - 10 April 2019 - [WHO European High-level Conference on Noncommunicable Diseases "Achieving Sustainable Development Goal targets in the WHO European Region through prevention and management of noncommunicable diseases over the life-course"](#), Ashgabat

5 - 8 May 2019 - [Understanding and targeting Alzheimer's disease](#), Rungstedgaard

9 - 10 May 2019 - [5th Academy of National Brain Councils](#), Dubrovnik

10 - 13 May 2019 - [International Conference on Neurological Disorders and Neurorestoration](#), Dubrovnik

15 May 2019 - Value of Treatment (VoT) project meeting, Brussels

22 May 2019 - [The revival of Neuropsychiatry: a Neuroscientific evidence](#), Marseille

12 June 2019 - IMI Stakeholder Forum 2019, Brussels

29 June - 2 July 2019 - [5th Congress of the European Academy of Neurology](#), Oslo

30 June - 5 July 2019 - [ECNP School of Neuropsychopharmacology](#), Oxford

10 July 2019 - [Regional Meeting of National Brain Councils](#), Belgrade

21 - 25 September 2019 - [10th World Congress of Neuroscience](#), Daegu



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