



EUROPEAN BRAIN COUNCIL

Call To Action



Huge opportunities and challenges posed by the brain need to be addressed in a comprehensive manner through close coordination and cooperation of all actors

Closing conference of the European Month of the Brain in 2013 delivered a call to “develop, or refine, national strategies on brain research and healthcare within an overarching European context

During the Polish Brain Plan event in XI 2015 EBC launched a call to develop national brain plans, brought under the umbrella of an EU-wide plan addressing brain health in a comprehensive and collaborative way



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An approach to National Brain Plans:

Holistic – Integrated – Collaborative

Healthy vs. Diseased

Treatment – Prevention – Promotion

Optimised model of care

Research

Successful examples of Cancer & Diabetes

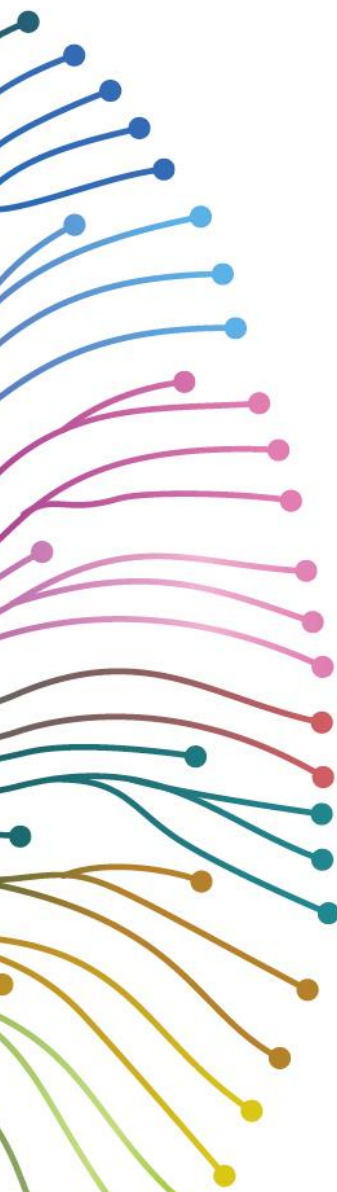
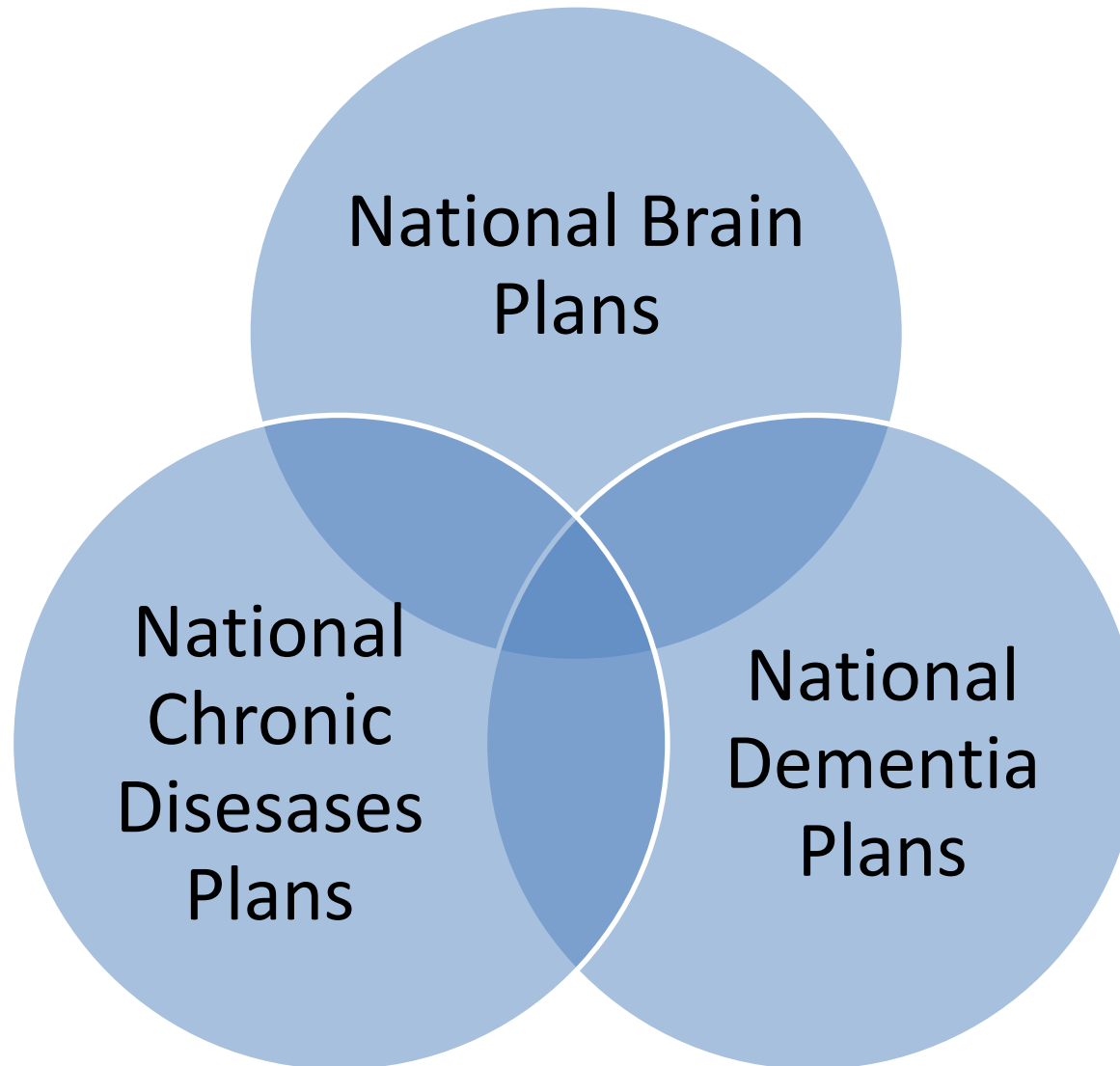


NBPs must provide a comprehensive approach to the Brain

- Bringing together various stakeholders
- Streamlining existing resources
- Coordinating sectoral policies
- Improved patient care
- Cross-cutting themes

e.g. *Stigma – Prevention – Research*
– Carers – Economics – Education

Multilayered approach needed



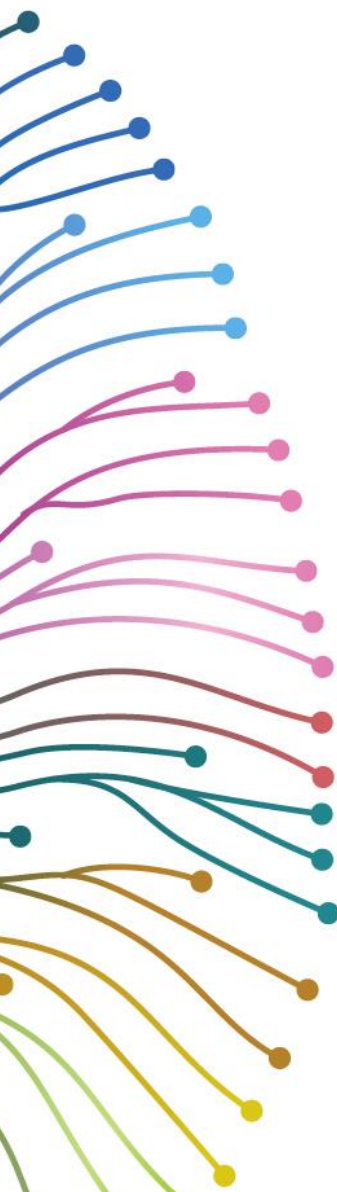


2nd NBC Academy Meeting
Brussels, 25th May 2016



Task group members

- **Belgium**
- Bulgaria
- France
- Netherlands
- **Norway**
- **Poland**
- Spain
- Serbia
- Slovenia



What is a National Brain Plan (NBP)

Public health programme bringing together multiple stakeholders in the national brain space

Streamline and optimize the use of existing resources

These stakeholders would otherwise often work separately, focusing on their policy field or a specific disorder, whereas brain disorders, on top of their specific problems, overlap in many areas. There are cross-cutting thematic areas such as prevention, stigma, treatment, research, support for carers, health economics or education. All these topics know no 'disease boundaries' and demand to be addressed in systemic, collaborative and integrated manner by the scientific community, research funding agencies, national governments, academic institutions, advocacy organizations and health providers in order to properly address the huge challenges posed by brain disorders by making the best use of available resources.

The ultimate goal of NBPs is reducing the burden of brain disorders to improve the quality of life of those living with brain disorders at a country level.

